



### Births and Deaths

No peaks in births or circulatory and/or respiratory deaths are expected in November.



### Poor Health and Illness

A high incidence of chest pain and asthma is expected in November. The number of chest pain cases will remain high throughout the month, continuing a long-term high. Just before the middle of the month, a substantial increase in the incidence of asthma is expected, although not to the extremely high level likely in September. This second increase of the year is predicted to continue until mid-December.



### Injury and Violence

Levels of injury and violence are generally anticipated to be lower in November than in the previous seven months. However, the predicted incidence of self-harm will remain high – a factor that dominates much of autumn as well as the spring and summer months. In addition, the expected number of falls amongst the 65+ year old population is likely to increase to a high level in the latter half of the month.



### Gastro-intestinal Infections

Cases of norovirus are expected to rise towards the end of November to a high only previously seen in March.

<sup>i</sup> Definitions and data sources for all conditions - [www.nwpho.org.uk/healthcalendar/docs/about.pdf](http://www.nwpho.org.uk/healthcalendar/docs/about.pdf)